



Faculty Members

Professor

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Degrees

Nutritionist (Dipl oec troph, Dr oec troph) Justus Liebig University, Giessen-Germany

Current position

University of West Attica- UniWA, 2018-present

Previous positions

- Athens School of Public Health, 1992-2000
- Harokopeio University, 2000-2003
- Technical Educational Institute Athens, 2003-2018

Courses currently teaching

- Human Nutrition
- Current nutrition topics
- Precision Nutrition
- New food product development
- Introduction to food science and technology
- Sensory evaluation lab
- Functional foods

Research fields

- Nutritional Epidemiology
- Nutrition and Food

Links

- ORCID: <https://orcid.org/0000-0002-9774-4895>
- Web of Science ResearcherID [AAR-2417-2021](https://orcid.org/0000-0002-9774-4895)
- GoogleScholar: https://scholar.google.com/citations?hl=el&user=uu7F0VAVupAC&view_op=list_works
- Scopus: <https://www.scopus.com/authid/detail.uri?authorId=6506903313>

Publications

Representative publications

Papatesta EM, Kanellou A, Peppas E, Trichopoulou A. Is Dietary (Food) Supplement Intake Reported in European National Nutrition Surveys? *Nutrients*. 2023; 15(24):5090. <https://doi.org/10.3390/nu15245090>

Kanellou A, Papatesta EM, Martimianaki G, Peppas E, Stratou M, Trichopoulou A. Dietary supplement use in Greece: methodology and findings from the National Health and Nutrition Survey – HYDRIA (2013–2014). *British Journal of Nutrition*. 2023;129(12):2174-2181. doi:10.1017/S000711452200321X

Trapali, M.; Houhoula, D.; Batrinou, A.; Kanellou, A.; Strati, I.F.; Siatelis, A.; Halvatsiotis, P. Association of TNF-308G/A and LEPR Gln223Arg Polymorphisms with the Risk of Type 2 Diabetes Mellitus. *Genes* 2022, 13, 59. <https://doi.org/10.3390/genes13010059>

Lagiou, P., Trichopoulou, A., Henderickx, H.K., Remaut-de Winter, A.M., Buermans, H., Merckx, L., Kač-Rak, A., Antonic-Degac, K., Hrabak-Zerjavic, V., Grubisic, M., Volatier, J.L., Couvreur, A., Maffre, J., Leonhauser, I.U., Kaiser, J., Antoniou, A., Chloptsios, Y., Kanellou, A., Lagiou, P., Naska, A., Stylianou, S., Thriskos, P., Vasdekis, V., Vassilakou, T., Zintzaras, E., Douros, G., Tsaousi, I., Zajkas, G., Korom, M., Szivos, P., Friel, S., Kelleher, C., Dalton, J., McCormack, K., MacFeely, S., Turrini, A., Barcherini, S., Martines, S., Langers, J., Zanardelli, M., Ellul, M., Azzopardi, Y., Trygg, K., Helsing, E., Lund-Larsen, K., Mork, E., Morawska, M., Niedzialek, Z., Sekula, W., Bienkunska, A., De Almeida, M.D.V., Rodrigues, S.S.P., Carbajal, A., Moreiras, O., Boned, M.L., Seoane Spiegelberg, P., Nelson, M., Paterakis, S., King, J., Rimmer, D., Speller, S.M. The DAFNE initiative: The methodology for assessing dietary patterns across Europe using household budget survey data. (2001) *Public Health Nutrition*, 4 (5 B), pp. 1135-1141.

Trichopoulou, A., Henderickx, H.K., Remaut-de Winter, A.M., Perez Cueto Eulert, A., Buermans, H., Merckx, L., Kač-Rak, A., Antonic-Degac, K., Hrabak-Zerjavic, V., Volatier, J.L., Couvreur, A., Maffre, J., Leonhauser, I.U., Kaiser, J., Antoniou, A., Chloptsios, Y., Kanellou, A., Lagiou, P., Naska, A., Stylianou, S., Thriskos, P., Vasdekis, V., Vassilakou, T., Zintzaras, E., Douros, G., Tsaousi, I., Zajkas, G., Korom, M., Szivos, P., Friel, S., Kelleher, C., Dalton, J., McCormack, K., MacFeely, S., Turrini, A., Barcherini, S., Martines, S., Langers, J., Zanardelli, M., Ellul, M., Azzopardi, Y. The DAFNE databank as a simple tool for nutrition policy. (2001) *Public Health Nutrition*, 4 (5 B), pp. 1187-1198.

Anastasia Kanellou, Methodological approach for the harmonization of household budget surveys' food data, Fachverlag Koehler, 1999, Giessen-Germany, 108p, ISBN 3-922306-87-X

Zintzaras, E., Kanellou, A., Trichopoulou, A., Nelson, M. The validity of household budget survey (HBS) data: Estimation of individual food availability in an epidemiological context (1997) *Journal of Human Nutrition and Dietetics*, 10 (1), pp. 53-62.

Boulous, C., Kanellou, A., Trichopoulou, A. Computed and chemically determined nutrient content of foods in Greece (1996) *International Journal of Food Sciences and Nutrition*, 47 (6), pp. 507-511.

Trichopoulou, A., Kanellou, A., Lagiou, P., Zintzaras, E., Henderickx, H.K., Remaut, A.M., Buermans, H., Zajkas, G., Szivos, P., Sekula, W., Bienkunska, A. Integration of nutritional data based on household budget surveys in European countries. (1996) *Proceedings of the Nutrition Society*, 55 (2), pp. 699-704.